

SWIM Network, Inc.

Temporary Transitional Housing  
For Women

# SWIM's Healing Place

A place of Healing and Hope, where women take control of their lives  
and discover their Potential.

(An outreach of SWIM Network, Inc.)



327 Eastern Avenue  
PO Box 1314  
Rocky Mount, NC 27802  
**252.972.SWIM(7946)**

Do you need temporary shelter to help get your life in order?  
Are you lacking the job skills you need to secure employment and become self-sufficient?  
Are the challenges of life getting to be too much to bear?

## SWIM's Healing Place

will help you reshape your life spiritually, emotionally and  
physically. We help women move from dependency to self-sufficiency.

Call 252.972.SWIM(7946)

*Bible Study*  
*Life Coping Skills Classes*  
*Job Training Program/Computer Skills*  
*Mentoring*  
*Balanced Home Cooked Meals*  
*"Pamper Me Time"*  
*Computers Available On-site*  
*Family Reunification*  
*24/7 Tender Loving Care!*

*"You cannot stop the waves,  
but you can surely  
learn to SWIM."*